

GROUP LEADER...

- ➡ Group leader to run after being trained by TS Instructor
- ➡ Disclose relevant medical conditions
- ➡ Fulfil responsibilities in SAP below
- ➡ Responsible for overall group management

PARTICIPANTS...

- ➡ Shoes

INSTRUCTOR...

- ➡ Pass internal training and assessment program
- ➡ Current first aid certificate

RESTRICTIONS

None

RATIOS (not including instructor)

1 adult : 12 students

What could go wrong? 'The potential harm'	What would cause it to go wrong? 'The hazard'	How could we prevent it from going wrong? 'The mitigation'	Responsibility of?	When will it be done?	Emergency Plan
Brakes, Bumps, Bruises, Scrapes, Strains, Sprains	<ul style="list-style-type: none"> - Uneven slippery wet clay track surface - Fallen foliage creating slippery surface - Tripping on low hanging ropes - Dropping branches on other participants - Walking into low hanging branches 	<ul style="list-style-type: none"> - All participants must wear covered footwear - Allow sufficient time for activity, so participants do not feel rushed - Remove any sticks and branches that may be hazardous - Don't run though the Burma trail - Don't lift anything above head height - Stay clear from others moving branches - Remove all low hanging branches 	<p>Participants + Group leaders</p> <p>TS instructor</p>	<p>Before</p> <p>During</p> <p>Before</p>	<p><i>Suspected major injury</i></p> <ul style="list-style-type: none"> - All to vacate area - Instructor to coordinate first aid - Instructor to radio to main office to arrange for ambulance or extra assistance - Assess if activity can continue <p><i>Other/ Minor Injury</i></p> <ul style="list-style-type: none"> - Group leader to administer first aid
Death/ Serious injury	<ul style="list-style-type: none"> - Extreme environmental event (Flooding, Earthquakes, Lightning & High Winds) 	<ul style="list-style-type: none"> - move to emergency meeting area 	TS instructor	In th event	
Exposure to elements (sun, wind, temperature)	<ul style="list-style-type: none"> - Long periods out in the wind and rain without warm clothes 	<ul style="list-style-type: none"> - Move to an indoor Activity during "bad weather" - Ensure the group has adequate clothing 	<p>TS instructor</p> <p>Participants + Group leaders</p>	<p>Before</p> <p>Before & During</p>	
Psychological harm	<ul style="list-style-type: none"> - Being bullied or forced to participate 	<ul style="list-style-type: none"> - Challenge by choice - Group encouragement 	<p>TS instructor</p> <p>Participants + GL</p>	During	

Please note: The instructor may cancel this activity at any time if conditions outlined in this SAP are not able to be achieved or maintained. *Serious hazards are highlighted*